



enVision THAT!
THE BIGGEST DISABILITY IS MINDSET **LLC**

Clinician Wellness: Time for a Check-Up!

A CE Experience for Clinicians

This workshop honors clinicians as we bear the personal weight of being essential support to others during our own challenges and crises. Attendees will take a flight to “therapist rehab” for cape restoration.

Using the “superhero” archetype, clinicians will inspect their capes to see if they’re whole or full of holes; and detect where and how their “kryptonite” shows up with clients and in life. (Is BPD your arch nemesis? Or is it your teenager? Or partner?) Attendees will complete a therapist-specific mental status exam to identify the behaviors/beliefs that lead to career suicide, relationship homicide, or losing touch with why they joined this profession. Clinicians will leave with a reusable self-check-up tool.*

Upon completion, participants will be able to:

- ❖ Diagnose their career issues and identify if they’ve lost their passion for the helping profession or simply need an intervention.
- ❖ Differentiate between when they are an asset or a liability to clients, their families, and themselves, and when it is time for a change.
- ❖ Identify signs of personal burnout and develop a plan to maintain an optimal professional functioning level.

Presenters: Lashaundra Nash, LPC & Lisa Marie Byrd, LPC, ACS

Date: TBD

Time: 9 am – 1 pm

Location: TBD

Registration Fee: \$80

[Click here to register](#)

3 NBCC Credit Hours

“Clinician Wellness: Time for a Check-Up has been approved by NBCC for NBCC credit. EnVision THAT! LLC is solely responsible for all aspects of the program. NBCC Approval No. SP-4637.”

Join us for judgment-free experiential learning, growth, and laughter. We’d love to see you there!

**Note: Attendees will have access to this tool online after the workshop*

Please contact us if you need special accommodations or have questions.